



St. Gilgen
International
School | SALZBURG
AUSTRIA

Path of Excellence



Seven Days Bulletin



VOLUME 6 | TERM 1a
5th - 11th OCTOBER 2026



Save the Date



COMING SOON

01.-02.10.2026

Grade 4 and 5: Primary Trip (Overnight)

01.10.2026

MYP Assessment Info Evening (for parents)

01.10.2026

University Process Information Evening (for parents)

07.10.2026 (Morning)

Grade12: EE Celebration Day

14.10.2026 (09h45-10h30)

Les Roches University Visit

16.10.2026 (09h45-10h30)

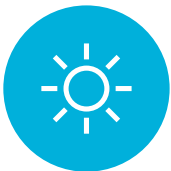
Parent Community Café with Head of Teaching and Learning

14.10.2026 (All Day)

Grade 9 I&S Fieldtrip

14.10.2026 (09h20-10h00)

Hult University Visit



WEEKEND ACTIVITIES

Saturday 3rd October

Football Golf

Fleamarket Bad Ischl

Extended Essay Support

Basketball with Coach A

Bike the lake

Sunday 4th October

Salzburg Jedermannlauf

These are the activities planned for the weekend, however there can be last-minute changes!

Calendar 2026/27

ACADEMIC CALENDAR 2026/27



Mathematics Meets Curiosity

GRADE 12 STUDENTS BEGIN THEIR IB EXPLORATIONS

On Monday, 28 September, the Mathematics Department officially launched the Grade 12 IB Mathematics Internal Assessment (IA) process. During the session, students came together to learn more about the assessment, explore examples of successful investigations, and begin generating ideas that will form the core of their own mathematical explorations over the coming months. Rather than focusing solely on mathematical techniques, students were encouraged to think about the questions, interests, and experiences that genuinely excite them.

The Mathematics IA is assessed across five key criteria: Presentation, Mathematical Communication, Personal Engagement, Reflection, and Use of Mathematics. While mathematical understanding remains important, students are also rewarded for clear communication, thoughtful analysis, genuine interest in their chosen topic, and their ability to evaluate and reflect on their findings. Over the coming weeks, students will refine their research questions and develop their investigations, with a draft submission due on 9 November and the final IA submission due on 11 December.

As students begin refining their ideas, parents can play an important role in supporting the process.

The most successful investigations often begin with a conversation, a curiosity, or a simple question. We encourage families to discuss potential topics at home, ask students about the areas they are considering, and help them recognise the mathematics that exists within the world around them. Whether the inspiration comes from sport, music, economics, technology, environmental issues, or another area of interest, meaningful mathematics can often be found in unexpected places. Sometimes the spark for a successful exploration comes from nothing more than a shared discussion around the dinner table.

Perhaps the greatest value of the IA lies not in the final report, but in the journey of inquiry and discovery it promotes. In a world where information is readily available, the ability to ask thoughtful questions, investigate independently, and remain curious is more important than ever. We look forward to seeing the diverse range of investigations that emerge and hope that, through this process, students develop a deeper appreciation of mathematics as a powerful tool for understanding and exploring the world around them.



MRS AMBIGAIBALAN
Head of Mathematics



Autumnal Sketching Activity

LEARNING TO OBSERVE THROUGH DRAWING

I clearly remember feeling frustrated with myself at the age of 14 when I was first given the task to do a real-life drawing of an Alkekengi. Marks I was making on paper just didn't look the way they should have.

My teacher would come past me and say "Keep trying, you'll get there..." I didn't believe him, and I thought he was just being kind. But actually, after a while, I did notice that something was starting to take shape and getting a bit closer to reality.

I wonder if this is how students from Grade 4-12 felt during their 3-hours Saturday activity. I provided them with a blank piece of paper, pencils, rubber, SHARPENER, leaves and chinese lanterns. Usually, in these types of activities, I would also have some music in the background; but this time, I wanted pupils to fully immerse themselves in their drawing practice and focus primarily on their visual senses.

There were a lot of "This is so hard", "How do I do this?", "This is impossible!". I would go past them

and encourage them, with the words my Maestro used to say to me: "Keep trying, you'll get there..." and also "Sharpen your pencil!" (because really, what can you expect to achieve with a un-sharpen pencil lead after all?!)

Life-drawing: it's an important practice for teenagers. It teaches them to observe, it encourages them to slow-down, and it also works to help them build their self-esteem. Yes, I said self-esteem! Because when one is able to create something out of nothing, and this something happens to look good, that it's building self-worth.

But it's not even about the end product, the final result. It's more about what happens during the process, in the 'space in between', the 'potential space' (as maybe Peter Brook would describe it). I often say to students who seem to be struggling: "Look at the empty gaps, rather than the object itself". When you are sketching something, you aren't just drawing 'it', but also the empty space that surrounds it (and maybe that's what matters). If one outlines the void, the object will eventually emerge.



I know that this probably sounds a little bit over the top and philosophical. After all, this was just a drawing exercise-or was it? Well, I leave you with Uncle Walt's lines from Leaves of Grass, and you can decide for yourself.

"I believe a leaf of grass is no less than the journey-work of the stars".



MS MAURI
Teacher of Design Technology

Finding My Why: From Triathlon to DJing

My name is Manuel Hückel. I live in Innsbruck and am currently building my own path as a DJ and entrepreneur, alongside triathlon.

I fell in love with triathlon at a young age, inspired by my biggest role model, my dad. It quickly became part of my identity and my personal “why.”

Chasing an *IRONMAN goal*

During my time at StGIS, I had one clear goal: to become the youngest Austrian IRONMAN finisher. Right after graduating, while most people went on holiday, I went to Klagenfurt and achieved exactly that.

Afterwards, I moved to Innsbruck to study business, keeping triathlon alongside my studies. But injuries and surgeries forced me out of the sport, and for the first time I lost my sense of direction.

I tried different studies, lived in the US for a while, and worked in different jobs, but nothing really felt right. Looking back, that difficult phase was also important because it forced me to question what I truly wanted.

What changed everything was finding my “why” again through DJing. What started small became something that gave me back energy, creativity, and a real sense of purpose.

The value of an *unconventional path*

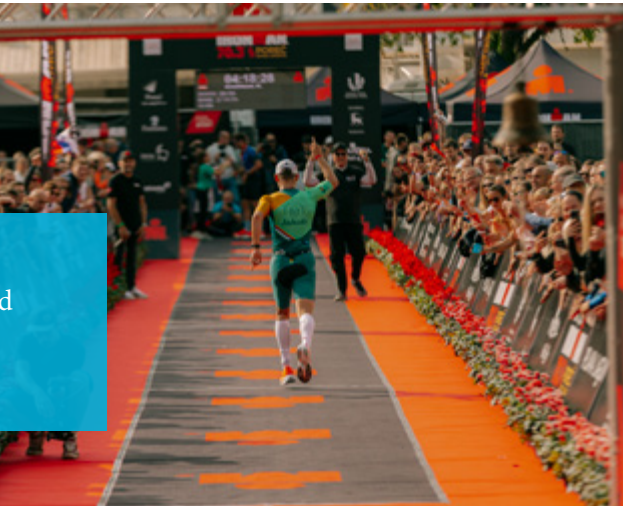
Looking back, StGIS had a bigger impact on me than I realised at the time. It taught me to stay open, try new things, and not be afraid of unconventional paths. Most importantly, it showed me that it is worth chasing the ideas you truly believe in, no matter how unrealistic or “crazy” they may seem. For me, that meant completing an IRONMAN and, later, building a career as a DJ.

"The future depends on what you do today."

- Mahatma Gandhi -



"Don't stress about having it all figured out. Explore, find what excites you, and go all in." - Manuel Hückel





MON 05 th	Hotel Kendler	VEGETARIAN/VEGAN AND GLUTEN FREE OPTIONS AVAILABLE.	<i>Soup:</i> Clear broth with Frittaten <i>Main course:</i> Wiener Schnitzel, potatoes, salad; Fried cauliflower, camembert (V); Gluten free Schnitzel <i>Dessert:</i> Apple strudel <i>Salad bar</i> <i>Dinner:</i> Wraps and tacos with chicken or cheese (V) and salad; Gluten free wraps
			<i>Soup:</i> Cream of corn soup (V) <i>Main course:</i> Meatballs in tomato sauce, spaghetti and salad; Falafel in tomato sauce (V), gluten free spaghetti <i>Dessert:</i> Ice-cream <i>Salad bar</i> <i>Dinner:</i> Geschnetzelttes with rice and vegetables; Fired rice with tofu and vegetables (V)
			<i>Soup:</i> Cream of tomato soup (V) <i>Main course:</i> Beef goulash, rice and vegetables; Potato goulash (V) <i>Dessert:</i> Waffles <i>Salad bar</i> <i>Dinner:</i> Burgers with chips and salad; Veggie burgers (V); Gluten free burgers with chicken fillet
			<i>Soup:</i> Vegetable soup (V) <i>Main course:</i> Chicken curry, rice and vegetables; Vegetable curry, rice pan (V) <i>Dessert:</i> Yoghurt and fruit <i>Salad bar</i> <i>Dinner:</i> Tortellini with various sauces, vegetables (V)
			<i>Soup:</i> Clear beef broth with profiteroles <i>Main course:</i> Grilled filet of fish, mashed potatoes, root vegetables; Chickpea stew (V) <i>Dessert:</i> Cake <i>Salad bar</i> <i>Dinner:</i> Voucher
WED 07 th	Gasthaus Wirt am Gries Hotel Kendler		
THU 08 th	Gasthaus Wirt am Gries Hotel Kendler		
FRI 09 th	Gasthaus Wirt am Gries		
WEEKENDS	Restaurant Voucher		Hotel Gasthof Kendler/ CASA-M/ Brunnwind/ Nilu's Portofino/ Pizza King Fuschl/ LIVA

If you have any feedback or questions, please send an email to catering@stgis.at



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Accreditation



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